


# July



# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 No Food Give AWAY
2 Music Mania 4-9pm	3 Fitness on Demand 1pm Chair exercise 4pm	4 	5 Cooking Club w. MASTER Chef Bernard 12pm-2pm	6 Color me Happy 11am Round Table 11am Fitness on Demand 1pm	7 Line Dancing 4pm <b>Karaoke 5:30pm</b> Oldies Night 7-11pm	8 Food Give AWAY gam Shray's mobile Salon 10-1pm <b>Pokeno Club 4pm</b>
9 <b>York House Tabernacle 4pm</b>	10 Crafting 11am Fitness on Demand 1pm Chair exercise 4pm	11 <b>Front &amp; Olney Shopping trip 10am &amp; 12pm</b> <b>Talk Tuesday 2pm</b>	12 <b>Atlantic City Casino Day Trip 9am</b>	13 Round Table 11am Fitness on Demand 1pm <b>Mobile Salon 1-4pm</b>	14 Line Dancing 4pm <b>Plant club 2pm</b> Oldies Night 7-11pm	15 Food Give AWAY gam <b>Pokeno Club 4pm</b>
16 Music Mania 4-9pm	17 Fitness on Demand 1pm Chair exercise 4pm	18 <b>Front &amp; Olney Shopping trip 10am &amp; 12pm</b> <b>Talk Tuesday 2pm</b>	19 <b>Dedicated Senior Block Party 11am-2pm</b> <b>Bingo 3pm</b>	20 Color Me Happy 11am Round Table 11am <b>York House Movie Time 3pm</b>	21 Line Dancing 4pm Oldies Night 7-11pm	22 +Food Give AWAY gam <b>Pokeno Club 4pm</b>
23 <b>York House Tabernacle 4pm</b>	24 Crafting 11am Chair exercise 4pm	25 <b>Talk Tuesday 2pm</b> <b>Flourtown Movie Tavern 4pm</b>	26 <b>Cheltenham Shopping trip 10am \$ 12pm</b> <b>Bingo 3pm</b>	27 Round Table 11am <b>Painting Untwisted 2pm</b> <b>Mobile Salon 1-4pm</b>	28 <b>Travel club 1pm</b> Line Dancing 4pm Oldies Night 7-11pm	29 Food Give AWAY gam Shray's mobile Salon 10-1pm <b>Pokeno Club 4pm</b>
30 <b>Pinochle Club Anniversary Party 2pm</b>	31 Fitness on Demand 1pm Chair exercise 4pm					